

Mass Intentions – August 4 th – 9 th			
Date/Time	Feast Day	Intention	Requested By
Tuesday August 4 th 9:00 AM	St. Jean-Marie Vianney	• +Ildebrando Silveira • Joseph Dao & Anna Pham	• Maria Silveira • Ninh Dao
Wednesday Aug. 5 th 9:00 AM	Ferial	• +Jennifer Haller-Buchanan	• Anita Stalzer
Thursday August 6 th 9:00 AM	The Transfiguration of the Lord	• Int. Irene Runstedler	• Marj Simon
Friday August 7 th 9:00 AM	Ferial <i>First Friday</i>	• Int. Linda Carmichael	• Helen Shantz
Saturday August 8 th 5:00 PM	19 th Sunday in Ordinary Time	• Elaine McMahon • Tesfalem Beraki • Paulo Cardoso • Angela Chow	• Rose & Bernard Hanley • Tabetu Beraki • Laurentina Codeco • Sandy Milne
Sunday August 9 th 9:00 AM		• For Parishioners of St. Francis	• Helen Shantz
11:00 AM		• Jennifer Haller-Buchanan & Cathy Lang	• Colin Westman & Marg Voll

Diocesan Prayer Calendar

Mon. August 3: **Rev. Vernon Boyd, S.J.**
Tues. August 4: **Rev. Robert Wong, S.J.**
Wed. August 5: **Sisters of the Immaculate Heart of Mary, Mother of Christ, I.H.M.M.C.**
Thu. August 6: ***The Transfiguration of the Lord***
Fri. August 7: **Rev. Mario Fernando Cabal Muriel, S.J.**
Sat. August 8: **Our Parish Community**

Stewardship Report
July 18th/19th

Envelope & Loose \$2,720.00
Automatic Withdrawal \$1,348.75
Total Collection Last Week \$4,068.75
2026 Total Collection \$158,461.00

Thank you for your generosity!

To make a donation online, scan the QR code. *(note: under “Donation”, select “Other” from the drop down and enter \$0 to avoid paying donation fee).*



What’s Happening this Week?

Monday
Senior Gentle Exercise (H) 1:15 & 2:30 pm
OEA (H) 7:00 pm
Wednesday
Senior Gentle Exercise (H) 2:30 pm
Friday
Adoration 8:15 am

Office Closed – Monday

The office will be closed on Monday August 3rd for the Civic Holiday. Regular hours will resume on Tuesday.

First Friday Adoration
Time Change

Due to a funeral at 10 am on Friday, Adoration will take place from 8:15 am – 9:00 am, followed by Mass. Thank you for your understanding.

Sunday Readings Reflection

First Reading: Is. 55:1-3; Second Reading: Rom 8:35, 37-39; Gospel: Mt 14:13-21

Abortions do not happen because of “freedom of choice,” but rather because some mothers and fathers feel they have no freedom and no choice. They have needs that they think cannot be met without aborting their child. They are captive to the coercive power of despair. Today’s readings are about the Lord providing for our needs, issuing an invitation to us to come to him confidently, to trust that he can fulfill all those needs. Fundamentally, of course, this is an invitation to salvation. But salvation is integral; it is bodily as well as spiritual, it is communitarian as well as individual, and it extends its effects to our daily needs, including those related to parenting. No trial, such as the intense anxieties that can accompany pregnancy, is too great for the love of Christ. It is in that power and with that confidence that the People of God are not only to come to him for their needs – for the grace to do what is right and choose life in every

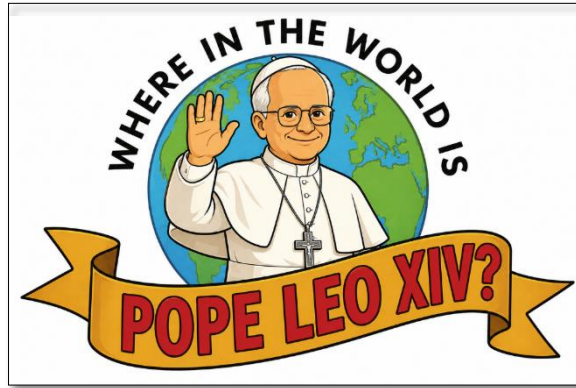
circumstance – but also that the People of God are to go to others who have such needs and trials, and strengthen them. We are to ‘feed’ one another. The Gospel passage for today does not say that the Lord simply went ahead and fed the crowds himself. It says he ordered his *disciples* to feed them. They weren’t sure how to do that, but he enabled them to do so. And so it is today. Together, as the People of Life, we can meet the needs faced by those who are tempted to abort, and we can meet their anguish and distress with the victorious love of Christ.

Around Town

Pilgrimage to Italy - Still Time To Register - There are still some spaces available for a faith and flavour filled pilgrimage to Italy from November 3-14, 2026. Visits include Siena, Assisi, Monte Cassino, and Rome among others over an enjoyable ten day pilgrimage. The cost of \$7,995.00 per person includes airfare, hotels, ground transportation, all admission fees, most meals, and the services of an expert English speaking guide. Fr. Ian Duffy will be the spiritual director of this pilgrimage leading us in prayer in the footsteps of St. Catherine of Siena, Ss. Francis and Clare, Saints Benedict and Scholastica, Saints Peter and Paul, and many more. Additionally this adventure will include wine tasting, pasta making, and enjoying the gastronomy of various parts of Italy. To register or for more information please call Edgar at 1-800-268-0900 ext. 233, or e-mail edgar@gateways-international.com. Final numbers are needed in September so register soon.

St. Francis of Assisi Summer Corner

In Honour of the Year of St. Francis of Assisi
*Keep an eye on the bulletin for activities, events
and facts with ties to St. Francis of Assisi!*



Pope Leo XIV's public liturgical schedule for August has been released, featuring celebrations in Assisi, Castel Gandolfo, and Rimini.

On August 6, the Feast of the Transfiguration, the Holy Father will be at the international "Go! Franciscan Youth Meeting" in Assisi Italy, where he will celebrate Mass at 10:30 a.m. at the Papal Basilica of St. Mary of the Angels at the Porziuncola.

Young people between the ages of 18 and 33 will travel from all over Europe. They will come together to share their lives, and take part in opportunities for listening, dialogue, formation, prayer and celebration.

The young people will be offered a variety of workshops focused on the life of St Francis of Assisi. They will have the opportunity to rediscover the beauty of life through St Francis' words in the "Canticle of Brother Son", explore ecology, spirituality and sustainability in the "Laudato Si Center",

discover the 3 Vows and Francis' way of loving, and learn more about the life of St Francis.

Let us keep the young people in our prayers this week as they, like St Francis, search for their true purpose in the world.

*Give them the courage to find their identity
not in what they own but in God's deep love.
Teach them to love creation and care for
every living thing.*

*Like St Francis, make them bold rebels of
peace so that when their world seems dark
and full of doubt, they will become bright
lights of hope.*

*May they become a living prayer in
everything they do.*

Diocesan Announcements

WYD 2027 - The Diocese of Hamilton is blessed to have 82 young pilgrims preparing to travel to Seoul, South Korea next summer as a part of the 45th International Celebration of World Youth Day. To learn more about this pilgrimage of faith and how you can support the young people of our Diocese, visit us at: wyd.hamiltondiocese.com.

FRASSATI LEADERSHIP PROGRAM Calling all those entering Grade 10 in September 2026! Are you looking to grow in your faith? Do you want to explore what it means to be a Catholic leader? The Frassati Leadership Program may be for you. Join other Grade 10 Catholic leaders as we reflect on the foundations of Catholic leadership and foster opportunities for you to grow in your own faith and leadership skills. For more information and to register please visit: <https://tinyurl.com/hf5s49tk>

St. Francis of Assisi Parish



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LORD'S DAY MASSES

Saturday at 5:00 pm
Sunday at 9:00 am & 11:00 am



WEEKDAY MASSES

Tuesday – Friday at 9:00 am



KERALA ROMAN CATHOLIC MASS

Celebrated by Fr. Stephen Gilbert
Sunday at 5:30 p.m.



RECONCILIATION

Saturday from 4:00 – 4:30 pm
or by appointment.



PRAYER NETWORK

Call parish office to request prayers



FUNERALS, BAPTISMS, MARRIAGES

Please call the parish office.

— OUR PARISH TEAM —



Pastor: Fr. Stephen Gilbert
(sgilbert@hamiltondiocese.com)



Deacon: Rev. Mr. Philip Fernandez
(pfernandez@hamiltondiocese.com)



Pastoral Minister: Lei Ann Wade
(lawade@hamiltondiocese.com)



Music Ministry: Mrs. Terrianne Moulton



Admin. Assistant: Mrs. Amanda Michaels



Building Manager: Mr. Lazaro Escobar



Asst. Building Mgr.: Mr. Gary Howell



PARISH OFFICE

Monday – Friday
8:30 am – noon & 1:00 pm – 4:30 pm



*"We are a Christ-centered faith community
seeking to be instruments of God's peace."*

August 2nd, 2026

18th Sunday in Ordinary Time

*"Man does not live by bread alone, but by every
word that comes from the mouth of God".*

-Matthew 4:4

