

# Lent at St. Francis of Assisi

## Mardi Gras at Home

Since we cannot throw a party at St. Francis this year, why not plan your own Mardi Gras party at home? Watch the bulletin for a DIY guide to Mardi Gras fun for the whole family!



## Ash Wednesday

Join Fr. Murray for his Ash Wednesday homily and prayers on our website. Links will be provided in the bulletin.



## Journey Through Lent

Journey Through Lent with these weekly scripture reflections. The resource provides everything you need for a simple service to celebrate with your family each week, or perhaps call up someone who is on their own and read through the service together, or simply read the scripture and reflections for your personal Lenten Journey. February 13/14 we will email you a copy of this resource with the bulletin; please feel free to print copies for any family members or friends, or parishioners you know who don't have access to the internet. We are happy to print you a copy at the church if you need it, just [send us an email](#).

## Celebrating the Word

Celebrating the Word is a weekly small group resource created by the Congregation of the Resurrection. Before the pandemic we had a group meeting each Monday evening to discuss the readings for next week and how they apply to our lives. As we begin Lent, we invite you to a **Zoom small group Monday evenings at 7pm** for about an hour, beginning Feb. 15. [Please email](#) or **call the parish office to register**. If you would like to participate but Mondays don't work for you please let us know.

## Stations of the Cross

Each Friday in Lent we invite you to pray the Stations of the Cross on our website. Every week a new video featuring the beautiful Stations at St. Francis will be posted to the main page of our website. You can pray with the video whenever your schedule allows.



## Lenten Retreat with Fr. Raphael

**On Saturday March 6<sup>th</sup>**, we invite you to participate in a Lenten Retreat led by Fr. Raphael Ma, CR. We will use Zoom for the retreat, and material will be sent to you ahead of time, including suggestions for preparing yourself before we gather on Zoom at 10am. The retreat will include talks by Fr. Raph as well as sharing time, and will end by noon. If you have questions or wish [to register please email the parish](#).

**HOW DO I  
USE ZOOM?**

We would be happy to help you feel more comfortable using Zoom for these Lenten ministries. If you have a computer, tablet or phone with access to the internet, or even just a phone, you can use Zoom. [Please email](#) or call Alice in the parish office for more information.